## Amelía Schaaf Massage Therapíst Líc. #18014 541-727-2056

- 1. *Cancellations and no-shows:* If you cannot make your scheduled appointment, please provide as much notice as possible by phone call. If I need to cancel your appointment, I will provide as much notice as possible by phone call. Emergency situations will be handled at the practitioner's discretion. Anyone who either forgets to show up at my office or is not at home if I am traveling to them, will be considered a no-show. They will be warned and if it happens again, they will be charged for their missed appointment.
- 2. *Times when massage isn't beneficial:* Please cancel your appointment if you have symptoms of an illness such as cold or flu, fever, full-body skin rash or a contagious infection. If you fail to cancel and arrive with one of these symptoms, the session will be rescheduled. This is to protect the health of both the client and the therapist.
- 3. *Health intake form:* To ensure safe, customized sessions, the client must fill out a health intake form before treatment and update when necessary. It is the client's responsibility to relay all health information so the therapist can modify the treatment plan to best serve the client.
- 4. *Start time*: Please be ready at your scheduled time. The time we set aside for your appointment is completely yours. If the start time is delayed, the session will still end at the time scheduled. If the session is to take place in your home, please allow 20 minutes for set up and break down.
- 5. *Privacy and dignity:* Clients are treated with respect and dignity and draped with a sheet at all times during the session. Only the area of the body being worked on is undraped. The genitals are never exposed or massaged.
- 6. *Mutual respect:* I respect all clients regardless of age, gender, race, national origin, sexual orientation, religion, socioeconomic status, body type, state of health, political affiliation or personal habits and I expect the same.
- 7. *Confidentiality:* The client's records and sessions will be kept confidential and will not be shared with anyone without the client's written consent. There may be times when you will be asked to sign a release of information form to allow me to coordinate your care with your other medical providers.
- 8. *I am not a doctor:* Massage serves as a therapeutic tool to enhance wellbeing. Massage is not a substitute for medical treatment. Massage therapists are not qualified to diagnose conditions, prescribe treatment or perform spinal/skeletal manipulations. Any information imparted by the therapist in the course of treatment should not be substituted for medical advice. If I feel you need treatment beyond my scope of practice, I will refer you to another practitioner.
- 9. *Commitment to learning:* I charge a fair price for my services. I stay current with further study, receiving regular body work and continuing education workshops.
- 10. *Payment:* Payment is due at the time of service. I accept cash and personal checks. I do not provide direct billing for insurance but will provide a receipt if requested.

If you have any concerns after your massage, please feel free to call me.

For more information, please visit my website at amelia.massagetherapy.com.